



Why Cook?

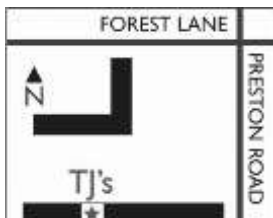


TJ's Market-Fresh Take Out Menu

Call or email your order:
sales@tjseafood.com
(214) 691-2369

Order pick up:
Mon – Fri 10am - 6:30pm
Sat 10am - 6pm
Holidays - Holiday Menu Only

11661 Preston Road, #149
Dallas, Texas 75230



TJ's "Today's Catch"

Dallas' Freshest Fish Prepared Fresh For YOU

*Any Fish In The Case - Cooked FRESH
Allow 20 min, Call ahead for fastest service
Market price + 5.00 per lb
Average serving = 6-8oz*

Available Daily: Bay of Fundy Salmon, Tilapia,
Sea Bass, Yellowfin Tuna, Rainbow Trout

Seasonal Catches Of The Day...Just Ask!:
Wild King Salmon, Alaskan Halibut, Swordfish,
Red Snapper, Striped Bass, Walleye, Red Fish,
Arctic Char and much more.

Now just choose a preparation:

Grilled

"Simple Grilled" with TJ's Fish Sand Seasoning

Sauced

Lemon Butter Caper • Creole
Tartar • Creamy Mustard • Pesto
Wasabi Butter • Cucumber Dill

or Topped

Italian Herbed Bread Crumbs
Mushroom & Shallot Duxelles
Corn & Poblano Sofrito
Mango & Pineapple Salsa

Daily Selection Of Sides

Ask for daily specials
7.99 / lb (feed 4-6)

Why Cook? TJ's Market-Fresh Take Out Menu

D Magazine 2010 & 2011 "Best Fish Market"

TJ's Soups & Apps

Lump Crab Louie Salad	12
Ahi Tuna Tartar	9
TJ's Hand-Peeled 8pc Shrimp Cocktail	12
Classic Seafood Soups	5
<i>Gumbo, Lobster Bisque, Clam Chowder</i>	

TJ's Sandwiches

With Your Choice of 1 Daily Side

Ahi Tuna Burger	12
Salmon Burger	12
Gulf Crab Cake Sandwich	14

TJ's Dinner Specials

With Your Choice of 2 Daily Sides

Daily "Fresh Catch" Entree Salad	14
<i>Topped With Shrimp or Grilled Salmon With Balsamic Vinaigrette</i>	
TJ's Shrimp & Lobster Enchiladas	22
Crab-Stuffed Idaho Trout	18
Crab Cakes With Remoulade	18
MSC-Certified Sustainable Sea Bass	24
<i>Italian Herb Crusted or Grilled</i>	
Ahi Yellowfin Tuna	21
<i>Miso & Honey Seared or Blackened</i>	
Bay Of Fundy Atlantic Salmon	19
<i>Chardonnay Poached or Grilled</i>	
Costa Rican Tilapia	15
<i>Lemon Butter With Capers or Grilled</i>	

TJ's Market Favorites

Steamed & Cracked Lobsters	17.99 / lb
<i>1.5-2 or 2-2.75lb. Reheat in Oven 10-15 min</i>	
TJ's Famous Cocktail Shrimp	23.99 / lb
Home-Smoked Salmon or Halibut	28.99 / lb
Oysters On Half Shell(Seasonal)	Mkt Price

sales@tjseafood.com (214) 691-2369

Order pick up:

Mon – Fri 10am - 6:30pm

Sat 10am - 6pm

Holidays - Holiday Menu Only

11661 Preston Road, #149
Dallas, Texas 75230

TJ's Party Platters

TJ's Seafood Feast

Shrimp, lobster and jumbo lump crab meat served with cocktail, remoulade & clarified butter	
Large serves 15-25	249
Small serves 6-10	149

TJ's Smoked Salmon Platter

Hickory & Alder or Lox with cream cheese, grated egg whites, yolks, red onions, parsley & capers	
Large serves 15-25	84
Small serves 6-10	42

TJ's Famous Cocktail Shrimp Platter

With lemons, red & remoulade sauce	
Jumbo serves 20-25 (5lb)	150
Large serves 10-16 (3lb)	90
Small serves 4-6 (1lb)	35

Miso & Honey Seared Tuna Platter

Glazed sushi-grade tuna, with soy, wasabi, chili sauce, ginger & rice crackers	
Large serves 15-25	80
Small serves 6-10	55

Chardonnay Poached Salmon Platter

Bay of Fundy Atlantic Salmon with cucumber dill sauce, capers, cucumbers & lemons	
Serves 4-8 (2lb)	55
Whole Side (3-5lbs)	100 (Apprx)
<i>For Whole Side, Client Must Provide Own Platter</i>	

Beef Tenderloin Platter

Garlic & pepper rubbed tenderloin, sliced thin on rolls with creamy horseradish & mustard sauces	
Large (4 doz)	150
Small (2 doz)	75

New England Lobsta' Roll Platter

Light lobster salad on egg-bread cocktail rolls. Delicious... an evening on the Cape!	
Large (4 doz)	125
Small (2 doz)	65